

## SNACKS & FRIED CHICKEN

EDAMAME salted or spiced ○ 🌶️ ▲	8
TAKOYAKI OCTOPUS BALLS	11.5 / 8pcs
KARAAGE FRIED CHICKEN with teriyaki & mayo	15
SWEET & SPICY FRIED CHICKEN	16

## COLD APPETIZER

POKE SALAD BOWL ★ ○ ▲ with sesame dressing* & choice of crispy chicken, teriyaki tofu, vegan or grilled NZ king salmon +2	18
FRESH SPRING ROLLS with NZ king salmon & crunchy vegetables	14
NZ KING SALMON SASHIMI ▲ small 8pc/19 large 12pc/27	



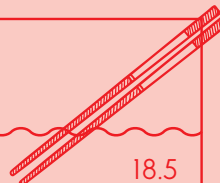
## SUSHI



TERIYAKI CHICKEN ★	16
FRESH NZ KING SALMON with avocado	18
VEGAN ○ with teriyaki shiitake mushroom, inari tofu & pickled vege	15
FRIED CHICKEN Sriracha mayo	16



## NOODLES



TONKOTSU RAMEN ★ pork charsu, ajitama soy egg, wakame seaweed, shiitake mushroom, sweet corn, pickled mustard leaves in house made pork & chicken bone broth	18.5
MISO RAMEN pork charsu, ajitama soy egg, wakame seaweed, shiitake mushroom, sweet corn, pickled mustard leaves in house made miso pork & chicken bone broth	18.5
CHICKEN RAMEN ▲ sliced chicken, rice noodle*, ajitama soy egg* wakame seaweed, sweet corn, pickled mustard leaves in house made shio pork & chicken bone broth	18.5
VEGAN RAMEN ○ wakame seaweed, shiitake mushroom, bok choy, sweet corn, pickled mustard leave in vege broth	18.5
STIR FRY UDON NOODLES stir fried thick noodles with choice of pork charsu, teriyaki chicken or vegan	18.5

## SWEET

GELATO ▲	6
made locally by Gelato & Tea, with your choice of: matcha, mango & passionfruit, seasonal	

## RICE



### DONBURI

served with rice & salad\*

KARAAGE FRIED CHICKEN ★	18.5
CRISPY KATSU CHICKEN	18.5
TERIYAKI CHICKEN ▲	18.5
TERIYAKI TOFU & VEGE ○	18.5
FRESH NZ KING SALMON ▲ with seaweed & tobikko fish roe	20
GRILLED TERIYAKI NZ KING SALMON ▲ with ajitama soy egg & fried shallots	20



### BENTO BOX

served with seaweed salad\*, miso soup,  
steamed rice & pickles

DELUXE ▲	23
NZ king salmon sashimi, fresh salmon spring roll, karaage fried chicken, beef spring roll, ajitama soy egg	
VEGAN ○	22
fresh vegetarian spring rolls, vegan dumplings, fried vegetarian spring rolls, teriyaki fried tofu, teriyaki shiitake mushroom	

### EXTRAS

chilli, garlic, spices  
soy egg +2,  
miso soup +3  
seaweed salad\* +3  
fried chicken, takoyaki,  
fried gyoza, edamame,  
extra meat, extra noodles +5

★	POPULAR
○	VEGAN
▲	GF AVAIL
🌶️	SPICY

\*all salad comes with sesame dressing which contains nuts

## small snacks.

EDAMAME salted or spiced	○▲	8
DEEP FRIED SQUID		15
CRISPY WONTON		13.5 / 4pcs
SICHUAN CHILLI OIL WONTON	🌶️	13.5 / 4pcs
pork, prawn & mushroom		
FRIED SPRING ROLLS		14.5 / 4pcs
choice of beef or vegan ○		

# EIGHTGRAINS

## big snacks.

WOK STIR FRIED VEGETABLE	○	16
FRIED CHICKEN SLIDER	★	18
choice of: teriyaki & mayo, sweet & spicy sauce, sriracha mayo		
STICKY GARLIC PORK RIBS		18
STEAMED GARLIC PRAWNS		18
served with glass noodles		
DOUBLE PORK PLATTER		24
roasted pork belly & honey bbq pork		

## baos n' buns.

BRAISED PORK BELLY BAO		13
TEMPURA VEGE BAO	○	13
HONEY BBQ PORK STEAM BUN		12.5 / 2pcs
SWEET & SPICY CHICKEN BAO		14.5

if you've got no time for nuts or coriander, let us know.

## noods.

SCALLION HOUSE NOODLES		18.5
with chicken & house blended soy		
SICHUAN SPICY DAN DAN	★🌶️	18.5
VEGAN SPICY DAN DAN	○	18

### EIGHTGRAINS SPECIAL

STIR FRY NOODLES		19.5
STIR FRY FLAT RICE NOODLE	▲○	19.5
choice of (all proteins are GF): chicken, beef, prawns or tofu & veg + add our own sichuan chilli oil +1		

## dumplings.

steamed or pan fried

13 / HALF DOZ      19.5 / DOZ

PORK & CHIVE	BEEF & SOUR CABBAGE *new	
CHICKEN, CORN & CORIANDER	DIM SUM	10 / 4pcs
RED WINE PULLED BEEF	choice of: Shumai or Xiao long bao (soupy dumpling)	
VEGAN (mushroom & edamame) ○	DUMPLING TASTING PLATTER	21
PRAWN, MUSHROOM & PORK	DIM SUM PLATTER	15 / 6pcs
PORK, GINGER & CORIANDER		

## sweet.

GELATO BY GELATO AND TEA	▲○	6
matcha, mango passionfruit, seasonal		
APPLE MANGO CINNAMON ROLLS	★○	14 / 4pcs
SWEET BAO		9.5
fried baos served with condensed milk & chocolate sauce		

## rice.

EIGHTGRAINS FRIED RICE		18.5
beef / tofu & vege / bbq pork		
CHICKEN FRIED RICE		18.5
fried chicken		
X.O. FRIED RICE		21
combination of prawns, bbq pork & chinese sausage		

CLASSIC SWEET & SOUR PORK		19.5
TAIWANESE BRAISED PORK BELLY		18.5
LEMON CHICKEN		19.5
BLACK PEPPER HOT PAN	★	18.5
SICHUAN KONG PAO	🌶️▲	18.5

All mains served with rice and choice of: beef, chicken or tofu & vege

★	○	▲	🌶️
popular	vegan	GF available	spicy

HIT US UP IF YOU HAVE ANY ALLERGIES!

CATERING, TAKEAWAY & UBER EATS DELIVERY AVAILABLE

**HAPPY HOUR**

4-6PM DAILY  
BEER // WINE // SPIRITS

# DRINKS MENU

**DAILY DEALS**

ASK OUR STAFF  
FOR MORE INFO

## wine

WHITE			RED		
	GLASS	BOTTLE		GLASS	BOTTLE
<b>SAUVIGNON BLANC</b>			<b>PINOT NOIR</b>		
Mud House Marlborough	9.5	40	Lake Chalice Marlborough	9.5	40
The Ned Marlborough	10.5	45	Devil's Staircase Central Otago	12.5	55
Oyster Bay Marlborough	11.5	50			
<b>CHARDONNAY</b>			<b>SHIRAZ</b>		
Villa Maria Cellar Selection Marlborough	9.5	40	Arrogant Frog Languedoc, France	10.5	48
Matawhero Gisborne	12	52			
<b>PINOT GRIS</b>			<b>BLENDS</b>		
Mud House Marlborough	9.5	40	Mudhouse Merlot Hawke's Bay	9.5	40
The Ned Marlborough	10.5	45	Villa Maria Cellar Selection Marlborough	11	48
<b>RIESLING</b>			<p><b>FEELING FANCY?</b> →</p> <p>CELEBRATE WITH SOMEONE SPECIAL</p>		
Allan Scott Marlborough	10.5	48			
<b>ROSE</b>			<b>SPARKLING</b> 200ML BOTTLE		
The Ned Marlborough	10.5	45	Henkell Trocken Dry Sec Wiesbaden, Germany		11.5
Allan Scott Marlborough	11	48	Henkell Sparkling Rose Wiesbaden, Germany		11.5
<b>PLUM</b>			Canti Piedmont, Italy		13
Umeshu Choya Plum Wine	11.5				

## cocktails

<b>THE LYCHEE COCKTAIL</b>	<b>15</b>
Kwah Fei Lychee, dry sake, lychee fruit	
<b>KOMBUCHA HI BALL</b>	<b>15</b>
Aged rum, pineapple syrup, lemon, pineapple & ginger kombucha, bitters	
<b>GINGER GINGER MULE</b>	<b>15</b>
Gin, ginger syrup, lime, ginger beer, lime & mint	
<b>PEACH COOLER</b>	<b>15</b>
Peach soju, sparkling soju, lemon, glace cherries	
<b>YOGHURT BRAMBLE</b>	<b>15</b>
Gin, yoghurt syrup, lemon, berry liquor	

G & T	GIN	TONIC
	Botanist	15
Bombay Sapphire	11	Old world
Gordon's Pink	11	Grapefruit
Scapegrace	15	Yuzu
Scapegrace Black	15	
Roku	13	



# beer + cider

## TAP

ASAHI.....	12/8
TUATARA AMERICAN PALE ALE.....	12/8
GOOD GEORGE INDIAN PALE ALE.....	12/8

## BOTTLE / CAN

ASAHI SUPER DRY.....	9.5
ASAHI 0%.....	9.5
TOKYO BLACK PORTER.....	10
SAPPORO.....	9.5
TUATARA PILSNER.....	10
TUATARA HAZY PALE ALE.....	10
TUATARA HEFEWEIZEN LAGER.....	10
GOOD GEORGE LAGER.....	9.5
GOOD GEORGE IPA.....	9.5
GOOD GEORGE PALE ALE.....	9.5
GOOD GEORGE PALE 2.5%.....	9.5

## CIDER

GOOD GEORGE PLUM.....	9.5
GOOD GEORGE STRAWBERRY & LIME.....	9.5
ZEFFER CRISP APPLE.....	10
ZEFFER APPLE CRUMBLE.....	10
REKORDERLIG WATERMELON & STRAWBERRY....	11
REKORDERLIG MANGO & RASPBERRY.....	11

## THIRST QUENCHERS FOR ALL AGES

# sake

	130ML	250ML
<b>KYOTO JUNMAI 13.5%</b> Sharp with citrus & apple notes	11	22
<b>OZEKI KARATANBA NIGORI 15.3%</b> Sweet and smooth, unfiltered cloudy sake	12	24
<b>KIMOTO JUNMAI 15%</b> Umami rich, textural & full of flavour	20	35
<b>MIO SPARKLING SAKE</b>	11	GLASS
<b>CHUM CHURUM SOJU</b> Selected flavours: peach / grape / blueberry	18	BOTTLE

## TRY SOMETHING NEW



# soju 22 teapots



## PEACH & GINGER TEAPOT

Peach, ginger beer, sparkling wine, orange & mint

## VINEYARD TEAPOT

Grape, grape soda, sparkling wine, seasonal grapes & mint

## MIXED BERRY TEAPOT

Blueberry, soda, sparkling wine, raspberry powder & mint

# non alcoholic

## SOFT DRINKS

**COCA COLA CAN/BOTTLES**  
3.5/5.5  
Coke, Coke Zero, Sprite, L&P

**BUNDABERG 5.5**  
Ginger beer, Lemon, lime & bitters

**JAPANESE SODAS 5.5**

**PHOENIX COLA & LEMONADE**  
4.5

## JUICES

**PHOENIX JUICES 4.5**  
Apple, Apple, orange & mango,  
Apple mango & passionfruit,  
Apple & blackcurrant, Apple & feijoa

**CHARLIES QUENCHERS 6**  
Orange, Raspberry, Lemonade

**ALOE VERA 5**

## MISC

**GOOD BUZZ KOMBUCHA 6**  
Lemon & ginger, Raspberry & lemon

**FUZE ICED TEA 5.5**  
Peach

**SPARKLING WATER**  
SML 4.5  
LRG 7.5

Have a look in the drinks fridge in between Eightgrains & Sushi Soldier or ask our friendly staff for more.